The Provincial Eating Disorders Training Hub: Studying the Implementation of a Workforce Capacity-Building Intervention

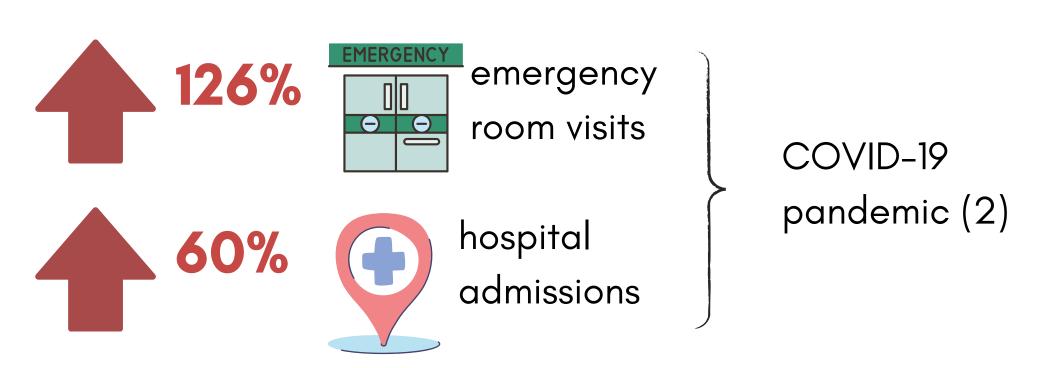
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Introduction

Training is a key strategy for improving quality of care and building workforce capacity, particularly in remote geographic regions (1).



Culturally-responsive care benefits families and clinicians, for whom education on cultural awareness/ humility improves job satisfaction and staff retention, and reduces burnout (3-5).

Intervention

Clinicians at BC Children's Hospital Provincial Specialized Eating Disorder Program have launched a **Provincial Eating Disorders Training Hub,** including:

- 1. 2-Day no-cost training in family-based treatment (FBT)
- 2. Consultation Groups
 - a. Advanced small groups (x3)
 - b. Monthly drop-in sessions

Proposed Outcomes

- 1. Improve care for patients with pEDs through evidence-based training to clinicians
- 2. Improve clinician well-being and confidence providing care for pEDs
- 3. Foster meaningful connections across BC and the Yukon through Training Hub activities

Goal

Increase capacity in the pediatric eating disorder workforce through evidence based approaches

Objective 1

Evaluate Training Hub Activities including 2-day training and consultation groups

Objective 2

Improve cultural responsiveness and incoporate equity-focused considerations in implementation

Quantitative Data

- Pre- and post-training surveys
 - Professionalquality of life
 - Self-compassion
 - Turnover intention
 - Attitudes of FBT

Implementation Data

- Training expression of interest, registration and participation
- Attrition between training and consultation
- Consultation attendance

Qualitative Data

 Interviews with clinicians on experience engaging with training and consultation

Focus Groups

- With clinicians, patients, families, and decision-makers
- Iterative changes to training based on feedback

The Provincial Eating Disorders Training
Hub will support capacity building and
clinician well-being in the pediatric eating
disorder workforce



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Scan for references